

# Achieving Good Toilet Positioning with the Rifton HTS

To meet the need for a good adaptive toileting system, Rifton’s product designers created the HTS (Hygiene & Toileting System). The following chart provides details on the versatile features and benefits of the HTS:

## Key Features of the Rifton HTS

Benefit	Description
<b>Optimal Toilet Positioning</b>	<p>With the footboard adjusted for well-supported feet, tilt-in-space slightly posterior, backrest tilting trunk slightly forward and good anterior support, the HTS achieves an ideal forward-leaning toileting position.</p> <p>An adjustable footrest provides the recommended base of support for the feet and can be raised to position the knees slightly higher than the hips if appropriate for better elimination.</p> <p>An anterior support into which a client can lean or brace their upper extremities adds stability and comfort.</p> <p>A combination of accessories such as laterals and hip guides can add stability.</p> <p>The backrest angle adjustment and tilt-in-space allows clients with severe disabilities and presentations of hypotonia and spasticity to be positioned well and comfortably, allowing for relaxation and improved elimination.</p> <p>The footboard, abductor and ankle straps encourage optimal abduction.</p>
<b>Comfort</b>	<p>The weight-bearing surfaces of the HTS are contoured and padded with polyurethane foam allowing a child to sit with comfort for longer toileting sessions.</p> <p>For additional comfort and improved pressure distribution, there is the option of a supportive closed cell foam pad with an “egg-crate” construction underneath to take the pressure off sensitive areas.</p>
<b>Transfer</b>	<p>Transfer to and from the HTS is facilitated through the tilt-in-space feature. By tilting the chair anteriorly and moving the footboard back, a client can be assisted with transfers into and out of the toileting position.</p> <p>Swing-away laterals and easy armrest removal facilitates a smooth lateral transfer.</p>
<b>Hygiene</b>	<p>A unique open-back toilet seat option makes hygiene care much easier, while the client is still seated.</p> <p>An improved splash-control deflector component reduces mess and spray.</p>
<b>Community Use</b>	<p>The HTS can be used with a portability base. This base, along with the HTS toilet seat, can be packed into a canvas tote bag and taken on family excursions, providing increased opportunities for participation within the community.</p>
<b>Growth</b>	<p>The HTS is designed to accommodate growth.</p> <p>Adjustments for seat depth, backrest height and commode height are easy and tool-free.</p>