

# Competency Checklists for:

\_\_\_\_\_  
EMPLOYEE NAME



## Competency Checklist for: Preparing for Safe Patient Handling and Mobility

- Describes the functions and use of the thigh straps, walking saddle and forearm supports.
- Discusses how to determine which transfer method and equipment will be used for the patient.
- Identifies key Rifton TRAM operating parts and accessories, and discusses inspection and good operating condition of equipment.
- Discusses training and number of trained staff required for each Safe Patient Handling and Mobility procedure.
- Locates emergency devices and battery pack on Rifton TRAM and demonstrates correct use of each.
- Describes preparing the patient for the SPHM procedure including: informing patient and providing privacy.
- Discusses planning transfer route and readying equipment and environment for procedure, including under bed and bathroom clearance for the TRAM.
- Discusses concerns to be reported to supervisor.

I have reviewed the important safety information provided and understand the critical elements of preparing for safe patient handling with the Rifton TRAM. I will use the Rifton TRAM in compliance with training and facility policy and procedure.

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FACILITY

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EMPLOYEE NAME (PRINT)

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EMPLOYEE SIGNATURE

DATE

I have completed the “Competency Checklist for Preparing for Safe Patient Handling and Mobility” with the Rifton TRAM for the above named employee.

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TRAINER SIGNATURE

DATE

# Competency Checklist for: Seated Transfers and Toileting with Thigh Straps

- Completes or discusses “Critical Elements for Preparing for Safe Patient Handling and Mobility” with the Rifton TRAM as appropriate.
- Attaches forearm supports to the TRAM prior to approaching patient to be transferred as appropriate.
- Carefully approaches patient to be transferred, adjusting TRAM as needed until positioned properly; buckles and secures body support system and secures forearm supports as appropriate.
- Prepares thigh supports; correctly places and attaches thigh supports to correct colored clips; adjusts as needed.
- Raises, lowers and transfers patient correctly and safely.
- Uses caster brakes, swivel locks and expansion handle correctly and as needed.
- Demonstrates additional steps needed for toilet transfers.
- Discusses leaving the patient safe and secure following procedure and reporting concerns to supervisor.

I have reviewed and understand the “Critical Elements for Seated Transfers and Toileting with Thigh Straps” with the Rifton TRAM. I will use the Rifton TRAM in compliance with training and facility policy and procedure.

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FACILITY

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EMPLOYEE NAME (PRINT)

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EMPLOYEE SIGNATURE

DATE

I have completed the “Competency Checklist for Seated Transfers with Thigh Straps” with the Rifton TRAM for the above named employee.

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TRAINER SIGNATURE

DATE

# Competency Checklist for: Sit-to-Stand Transfers and Supported Ambulation with Walking Saddle

- Completes or discusses “Critical Elements for Preparing for Safe Patient Handling” with the Rifton TRAM as appropriate.
- Carefully approaches patient, adjusting the TRAM as needed until positioned properly; buckles and secures body support system, and adjusts and secures forearm supports as appropriate.
- Correctly and safely places and adjusts thigh straps.
- Prepares walking saddle; raises patient, correctly and safely places, attaches and adjusts walking saddle.
- Correctly and safely raises patient to standing position for supported ambulation; adjusts straps as needed; encourages step taking.
- Uses caster brakes, swivel locks and expansion handle correctly and as needed.
- Discusses leaving a patient safe and secure following procedure and reporting concerns to supervisor.

I have reviewed and understand the “Critical Elements for Sit-to-Stand Transfers and Supported Ambulation with the Walking Saddle.” I will use the Rifton TRAM in compliance with training and facility policy and procedure.

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FACILITY

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EMPLOYEE NAME (PRINT)

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EMPLOYEE SIGNATURE

DATE

I have completed the “Competency Checklist for Sit-to-Stand Transfers and Supported Ambulation with the Walking Saddle” with the Rifton TRAM for the above named employee.

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TRAINER SIGNATURE

DATE