



Tricycle

At Rifton we believe everyone deserves the chance to ride. Biking is more than just recreational; it's therapeutic. We know the health benefits that come with cycling, especially for children with disabilities – improved leg strength, posture, balance and range of motion. We've also seen how it helps their socialization, their engagement with friends and family. Adaptive tricycles help non-ambulatory people experience the joy and freedom of independent movement.

In the forty years that we've been making adaptive tricycles, we've sought continually to make our designs more accessible and functional. The new Rifton Tricycle brings our experience and therapists' input together with cutting-edge materials and technology to create the ultimate ride. It is sleek, rugged, adaptable and a whole lot of fun.



Find letters of medical necessity and informative articles at: www.rifton.com/trike

those who think biking is only recreational, I say come to my classroom and watch my students. The health and therapeutic benefits of biking every day are unmistakable. I cannot begin to say how much each of them benefit from these trikes.

William Lynch, PT, DPT Orange-Ulster Boces, NY

Tricycle (X330) with simple prompt configuration

Tricycle features





Variable pedal resistanceThe adjustable brake can
provide drag, or lock the wheels
for safe transfer.



Backrest anglePosition the backrest vertically or at a 7½° or 15° recline.



Carbon fiber drive beltThe drive belt will not rust or stretch, and will last at least five times longer than a bicycle chain.



Seat depthThe seat depth adjusts easily with a knob underneath.





Riders feel more independent when a caregiver assists from behind with the rear steer.



The laterals and handlebar swing away for easy transfers.



The seat glides up and down on a low-friction rail. This rider pushes with his feet to help his caregiver raise the seat.



The front guide bar encourages face-to-face interaction.



Configurable

The Rifton Tricycle can be configured for maximum support (above), or with minimal prompts (left), for freedom of movement and uncluttered appearance.

Slide sandals forward and back to adjust foot length and heel stop, or remove completely to use a conventional bike pedal underneath.





A great way to exercise!

The stationary stand elevates the rear wheels of the tricycle, enabling a client to pedal in place and exercise her lower extremities. As her muscles move through the cycling motions, they are flexed, extended and stretched. The variable pedal resistance allows the caregiver to adjust the effort level as desired.

Use the same stationary stand for all three sizes of the tricycle.



Remove rear wheels and front end, and flip down the backrest for easy transport.

Components



Handlebars

Choose either a stylish conventional handlebar or a loop handlebar for more adjustability.







Choice of back support

The **trunk support** stabilizes a rider with low trunk control, and comes with a butterfly harness for anterior support. Laterals and a headrest can be added as well.

Small: 14" wide x 10½" high **Large:** 16" wide x 16" high

The **backrest pad** is great for clients who need less support.

Small: 10" wide x 5" high Large: 11" wide x 6" high







Seats

Seats are made of soft foam for comfort, and include a seat belt.

Small: 8" wide x 8" long Medium: 13" wide x 10" long Large: 17" wide x 12" long





Headrests

Choose between winged and contoured headrests. They adjust horizontally and vertically for optimal positioning and attach to the trunk support system, tool-free.

Contoured: 9"x 5"

Winged: 16"x 5" when flat to 6" between wings at 90°





Laterals

The laterals slide in tracks on the back of the trunk support. They have independent vertical, width and angle adjustment, and can swing out of the way for transfers.

Small: 4"x 5" Large: 5"x 6"







Choice of rear handle

The **push handle** can be ordered with or without the caregiver brake. It allows the caregiver to assist the rider and control the tricycle's speed.

The **rear steer** can be ordered with or without the caregiver brake. It lets a caregiver aid in steering the tricycle from behind, giving the rider a feeling of independence.







Hand anchors

The hand anchors provide soft, comfortable support for users who have difficulty keeping their hands on the handlebars.

Small: fits hand length of less than 6" **Large:** fits hand length of 6" or over





Front handbrake

The front handbrake gives riders control over their speed. It can be positioned for left or right-hand use, and locked for parking.





Front guide bar

The front guide bar lets a caregiver guide the tricycle from the front. It enables eye contact between the caregiver and rider.





Abductor

The abductor separates the knees and helps to control spasticity that causes leg scissoring. It is adjustable forward and back with depth markings.



Components (continued)



Abductor with adduction straps

The adduction straps attach to rods on the abductor pad, and provide a comfortable lateral boundary for a client's knees to maintain proper body and joint alignment.





Pelvic harness

Rifton's unique pelvic harness firmly positions a client's pelvis, securing hips and upper thighs without pressure on the abdomen. It provides a stable, comfortable base for postural control and encourages proper alignment of the spine. It also controls extreme extensor spasticity that can result in sacral sitting.

Max. thigh circumference: small 22", medium 25", large 31"





Pedal raise kit

The pedal raise kit includes two blocks and two longer bolts with knobs. Stack them singly or in pairs to accommodate leg length discrepancy.

Block thickness: 1/2 "





Stationary stand

The stationary stand converts any Rifton tricycle into a stationary trainer for pedaling practice or rainy-day activity.





Mounting bar

The mounting bar clips to the center of the handlebar and provides a place to attach a device mount. Great for communication devices

Mounting bar diameter: 7/8"







Front basket

The front basket is a convenient storage space for small items.





Outdoor cover

The outdoor cover is weather and water-resistant for storing your tricycle outside.





The small trike is suitable for early intervention.

Tricycle dimensions

| User dimensions (inches) | X320 small | X330 medium | X340 large |
|--------------------------|------------|-------------|------------|
| Inside leg length | 12 – 22 | 19 – 28 | 25 – 38 |



Key user dimension: inside leg length

The extended leg should reach from seat to pedal comfortably when both feet and torso are strapped into place.

Important: User's weight must not exceed the maximum working load. Rifton Tricycles are not intended for clients with strong reflexes or poorly developed trunk balance and head control. Consult your client's therapist before ordering.

| Item dimensions (inches) | X320 small | X330 medium | X340 large |
|---|---------------------------|--|-----------------------------|
| Overall width | 251/2 | 271/2 | 31½ |
| Overall length | 44 | 53 | 65 |
| Overall height (at lowest position with wheels/front end removed for transport) | 211/4 | 211/4 | 30 |
| Overall length with no rear handle (wheels and front end removed) | 36 | 41 | 49 |
| Overall length with rear handle (wheels and front end removed) | 48 | 51 | 60 |
| Wheel diameter | 12 | 15 | 18 |
| Seat center to extended pedal | 12 – 22 | 19 – 28 | 25 – 36 |
| Seat to top of trunk support (max. height) | 16 | 24 | 24 |
| Gear ratio | 1:1 | 1:1 | 1:1 |
| Item weight (lb) | 47 | 56 | 65 |
| Adjustment range of laterals | small trunk support: 6–12 | small trunk support: 6–12 large trunk support: 9½–15½ | large trunk support: 9½–15½ |
| Max. working load (lb) | 125 | 250 | 310 |







Small and medium Trikes come in your choice of five colors.



Red







Large Trikes come in your choice of five colors.











White



2025 Tricycle order form

Scan for sizing and pricing: https://www.rifton.com/trike

Use dimension chart to select appropriate size.

| | | | X320 small | X330 medium | X340 large | |
|--|--------|--------------------------------|------------|-------------|------------|--|
| * Tricycle frame includes pedals, parking brake with variable resistance, and a rear basket. | | X321 | X331 | X341 | | |
| * Color (Note that the choices are different between sizes.) | | Blue | Blue | Blue | | |
| | | | Red | Red | Red | |
| | | CHOOSE | Teal | Teal | Teal | |
| | | m | Lime | Lime | Black | |
| | | | Pink | Pink | White | |
| * Handlebar | 윤 | Loop | X322 | X332 | X342 | |
| | DOSE | Conventional | X323 | X333 | X343 | |
| * Back support | | Small backrest pad | X326 | X326 | N/A | |
| | 웆 | Large backrest pad | N/A | X336 | X336 | |
| | СНООЅЕ | Small trunk support | X327 | X327 | N/A | |
| | | Large trunk support | N/A | X337 | X337 | |
| * Seat | | Small | X324 | N/A | N/A | |
| | CHOOSE | Medium | X325 | X334 | N/A | |
| | × | Large | N/A | X335 | (included) | |
| Headrest (requires trunk support) | 윤 | Contoured | X376 | X376 | X376 | |
| | CH00SE | Winged | X378 | X378 | X378 | |
| Laterals (pair) | 웆 | For small trunk support | X328 | X328 | N/A | |
| (require trunk support) | CHOOSE | For large trunk support | N/A | X338 | X338 | |
| Rear handle | | Push handle | X312 | X312 | X313 | |
| (rear steer must be factory installed) | 웆 | Push handle w/ caregiver brake | X314 | X314 | X315 | |
| | CHOOSE | Rear steer | X352 | X353 | X354 | |
| | | Rear steer w/ caregiver brake | X362 | X363 | X364 | |
| Hand anchors (pair) | 웆 | Small | X317 | X317 | N/A | |
| | CHOOSE | Large | N/A | X318 | X318 | |
| Front handbrake (must be factory installed) | | X329 | X339 | X349 | | |
| Front guide bar | | X319 | X319 | X319 | | |
| Abductor | | X355 | X356 | X357 | | |
| Abductor with adduction straps | | X365 | X366 | X367 | | |
| Pelvic harness | | Small | X372 | N/A | N/A | |
| | CHOOSE | Medium | N/A | X373 | N/A | |
| | m | Large | N/A | X374 | X374 | |
| Pedal raise kit | | X344 | X344 | X344 | | |
| Stationary stand | | X345 | X345 | X345 | | |
| Mounting bar (for device holder) | | X346 | X346 | X346 | | |
| Front basket | | X347 | X347 | X347 | | |
| Outdoor cover | | X348 | X358 | X368 | | |

^{*} Required